Hear Ye, Hear Ye

Sharing the Journey

Don Shaffer, far right, and Merv Daniels were asked to share their journey with hearing loss with the Defense Contract Management Agency in Orlando and via live video to the office in South Florida.

They related how the cochlear implant was there for them when hearing aids were no longer enough. The meeting was held in conjunction with National Disability Awareness Month.

Hearing loss awareness was selected as the topic since one of the agency’s members is hearing impaired Lisa Ellis, shown here with her service dog Roxie. Lisa and Roxie are members, along with Don and Merv, of the HLA Orlando support group.

Put your advocacy skills to work!

The Hearing Loss Association of Florida is seeking HLAA members in good standing who reside in Florida to apply for a vacant seat on the Florida Coordinating Council for the Deaf and Hard of Hearing (FCCDHH). This vacant seat must be filled by a representative of HLA-FL according to Florida Statute. The person selected must be actively involved in hearing loss advocacy and familiar with the mission and goals of HLA-FL. The person selected will be appointed by the Governor of Florida after an extensive application process and background check. The term of office is four years and will begin on July 1, 2010. It is a volunteer position but all expenses incurred are reimbursed by the State of Florida. It is not too soon to apply now. You can find out more by contacting Joan Haber at joan1@comcast.net or Judy Martin at Judy40@bellsouth.net

COME HEAR THE SOUNDS OF THE CARIBBEAN

The Hearing Loss Association of Florida invites you aboard the RCCL FREEDOM OF THE SEAS sailing October 17, 2010

INSIDE CABINS start at $700 per person
OUTSIDE CABINS start at $850 per person
BALCONY CABINS start at $950 per person

Based on two passengers in cabin / 3rd / 4th passengers in same cabin $240 person/ call for single rates

Includes $25 shipboard credit per cabin, $25 matching funds for Hearing Loss Association of Florida and dinner at the Portofino specialty restaurant

For more information, contact Lynn Rousseau, Immediate Past President at HLAFlorida@aol.com

Deposit of $250 per person due when making reservation - final due 8/1/10
Barbara Maher/GO Travel • 407-774-7730 X112 • 800-800-7703 X112
Barbaram@gotravelorlando.com

FOR FURTHER INFORMATION, SEE OUR FLYER AT HLA-FL.COM

CHRISTMAS IN JULY!! WIN A CRUISE FOR TWO!
Contest Dates: January 1, 2010 - July 1, 2010
Raffle Donation $10.00
Contact your chapter leader or
Lynn Rousseau at HLAFlorida@aol.com

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UPCOMING MEETINGS
February 6, 2010 Tallahassee
June 5, 2010 Sarasota

Judy G. Martin, Editor
Kay Shaffer, Assistant

Hear Ye, Hear Ye is published every other month: Jan., Mar., May, Jul., Sept. & Nov. Deadline is approximately the 15th of the prior month.

Our circulation is 2,500 mailed to 600 HLAA members in Florida, 850 audiologists, 950 hearing aid specialists, and 100 distributed. Send news items and photos to: Judy40@bellsouth.net

Your donations are tax deductible. We are a 501(c)3 non-profit organization.

Live Webchat
Audiology and Hearing Aid Benefits for Veterans
Dr. Gene Bratt, speaker
Wed. Jan. 20 at 9 pm (EST)

How to Participate (no need to register):
1. Go to www.myhearingloss.org/ (5-10 mins before webchat is scheduled)
2. Click on "Log in to our Chat Room" button
3. Enter a username to use for the chat
4. Click on the "Connect" button
5. Click on "Rooms" tab (found on the right column)
6. Then double click on "Guest_Chat" to join the webchat

Do you have a question?
The Florida Academy of Audiologists (FLAA) and HLAA-Florida continue their collaboration by sponsoring a question-and-answer column. Audiology professionals will answer your hearing loss questions so send them in care of this newsletter. Please include your name and city. We will publish as many of these questions and answers as we can.
Call it tin-EYE-tus or TIN-it-us, it’s still very, very annoying

If you hear ringing, hissing, buzzing, humming, chirping, or other noises in your ears or head, it is called tinnitus and pronounced either TIN-it-us or tin-EYE-tus, either is correct.

Most cases of tinnitus are subjective, that is perceived only by the person with the disorder and not necessarily generated by any outside noise source. Tinnitus can result from damage anywhere along the auditory pathway. Therefore, it is often difficult to find the cause and suitable treatment. It is well known that exposure to loud noise can result in tinnitus and make it worse. Other common causes include:

- Wax pressing on the ear drum
- Meniere’s disease
- Otosclerosis
- Acoustic neuroma
- Inherited abnormalities of the ear
- Diabetes which may result in a sensorineural hearing loss
- Strained muscles of the neck from arthritis, whiplash, clenching one’s teeth or temporo-mandibular joint dysfunction (TMJ)

- Scuba Diving
- Ototoxic medications
- High blood pressure
- Diet/smoking
- Stress

Much can be done to provide treatment for tinnitus. No longer is it necessary to “just go home and live with it.” If you experience tinnitus, you should be certain to mention it to your family physician who may then refer you to an otolaryngologist (ENT doctor) and audiologist for further evaluation and care. Treatment options may include:

- Medications
- Masking
- Hearing aids (if a hearing loss accompanies tinnitus)
- Biofeedback
- Acupuncture
- Hypnotherapy
- Stress reduction
- Diet modifications

The American Tinnitus Association (ATA) is an excellent resource for additional information about tinnitus and the available help. Their contact information is: www.ata.org or 1-800-634-8978

They publish Tinnitus Today, an excellent magazine that is sent with your membership in the organization.


(Thanks to Wired for Sound, newsletter of HLA-Albuquerque)

Joan Andrews Scholarship Award

The Hearing Loss Association of Florida announces the second annual Joan Andrews Scholarship. Joan Andrews, former president of the Florida Association of Self Help for Hard of Hearing People, now known as the Hearing Loss Association of Florida, worked tirelessly to improve the quality of life for individuals with hearing loss. The Scholarship will be awarded to an individual who demonstrates in writing (by completion of the application process) a sincere educational interest in and commitment to sharing the mission of the Hearing Loss Association with others affected by hearing loss. The Selection Committee will give priority consideration to an applicant who meets all the criteria as set forth in the application process AND who cannot afford to attend the HLAA convention without the assistance of this scholarship.

SCHOLARSHIP DESCRIPTION: The scholar-

ship will entitle the winner to a registration to the Hearing Loss Association of America convention in Milwaukee, WI from June 17-20, 2010. The scholarship will also include a room at the convention hotel for three nights and round trip airfare or automobile travel expense between Florida and Milwaukee, WI. The maximum value of the scholarship is $1,000.00. The winner is responsible for making all travel, hotel and convention registration arrangements.

ELIGIBILITY: An applicant must be a Florida resident and member in good standing of the Hearing Loss Association of America. Current members of the HLA-FL Board of Trustees are not eligible.

The deadline for receipt by HLA-FL of the completed application is March 15, 2010. For more information and/or to receive an application, please contact Joan Haber, Scholarship Committee, joan1@comcast.net or call 941-921-9197.
**Florida Telecommunications Relay, Inc.**

FTRI promotes its services throughout the state by making face-to-face presentations as well as providing on-site equipment distributions. At on-site equipment distributions, FTRI typically partners with local service providers such as professional hearing health care specialists or audiologists to provide free hearing screenings to those interested in receiving a **free** amplified telephone. Should you wish to request an FTRI presentation or an on-site telephone distribution, please call the FTRI Outreach Department at 888-292-1950 ext. 232.

FTRI also promotes a special program called the Business Partnership Program (BPP). Businesses throughout the state of Florida are welcome to become FTRI business partners at no charge to them by simply registering on FTRI’s website www.ftri.org by clicking on the Business Partner link. After receiving a username and password via email, the business can login the website to access all of the valuable information on how to become a “Relay-Friendly” business. The business also has the option to post its own business information on FTRI’s website that enables its clientele to learn which businesses are “Relay-Friendly” in their community. In other words, it’s free advertising for the business. The goal of the BPP is to alleviate hang-ups when a business receives a relay call from potential customers who may be deaf or hard of hearing.

**Now is the perfect time to get the H1N1 flu vaccine**

Flu season is in full swing, and with the Centers for Disease Control and Prevention (CDC) recently announcing that one in six Americans has already suffered from the H1N1 swine flu, now is the perfect time to get vaccinated.

County health departments, private health providers and pharmacies throughout Florida initially offered the H1N1 flu vaccine to specific priority groups, yet many are now expanding the availability of vaccine to everyone who wants to receive it. Vaccination is your best protection against the H1N1 swine flu.

H1N1 vaccine is manufactured and tested using the same process used for seasonal flu vaccine, which has a strong and proven safety track record.

It is important for Floridians to get the vaccine when it becomes available, as the number of cases, hospitalizations, and deaths due to H1N1 continue to rise, and we are approaching the peak of our annual flu season. To date, 1,159 hospitalizations and 180 deaths from the H1N1 virus have been reported across the state.

**Triple feature program at HLA-Sun City Center**

The Sun City Center, Florida chapter of the Hearing Loss Association of America (HLA-SCC) held a successful triple feature program on December 2.

The guest speaker was Deputy M. Tierney (Hillsborough County) who addressed HLA-SCC members/guests about steps to take in bridging the communications gap if a person with hearing loss driving an automobile ever happens to be pulled over by the police.

A representative of The Boleda Center, Inc., in Tampa spoke as well. Boleda utilizes an auditory-based learning method delivered by certified Listening and Spoken Language Specialists to teach children with hearing loss to become skilled listeners, helping them to create the necessary tools for speech and language development. Some deaf children were brought along to demonstrate their ability to use their voices to communicate.

A holiday potluck party took place and people stayed to meet others, chat, exchange information, and enjoy themselves.

To see a list/dates of forthcoming speakers at HLA-SCC, you may visit www.hla-scc.com.

Richard Herring, Vice President
HLA-SCC
Purple Communications *Dream Bigger* program Honors Deaf National Champion Motocross Rider as Trailblazer

Celebrating the stories, culture and heritage of America's Deaf and Hard-of-Hearing Community, Purple Communications, Inc. honored National Champion Motocross Rider and Floridian, Ashley Fiolek for being a role model to deaf youth nationwide and her accomplishments as a stellar athlete in a male-dominated sport in September at the Hilton St. Petersburg Carillon Park. The event featured former Miss Deaf America, Lauren Teruel Ridloff as emcee of the festivities, which included an onstage interview with Ashley.

The *Dream Bigger* campaign recognizes trailblazers in the Deaf and Hard-of-Hearing Community and aims to celebrate the advances they have made. Whether it has been breaking down barriers or establishing a new status quo, these Trailblazers have improved the overall quality of life for all people with hearing loss. Ashley, along with nine other visionaries nationwide, has been chosen as one of this year's finalists. Each finalist was awarded a $1,000 cash prize from Purple Communications to be donated to a nonprofit organization of their choice, and in their name as a way of paving the way for the next generation of trailblazers in the Deaf and Hard-of-Hearing Community. Ashley chose the Hearing Loss Association of Florida, an organization that provides information and educational support, public awareness and both legislative and public policy advocacy, as the recipient of her $1,000 cash prize.

Ashley’s interest in motocross began at the early age of four at a race with her father. Fast forward nine years to age thirteen and she won the first of her many accolades - the Air Nautiques Loretta Lynn Amateur Nationals, deemed the biggest race in amateur motocross. In 2005, Ashley became the first female to qualify in the boy’s class, placing 11th among 42 boys, and shattering the once held stereotype that girls couldn’t make it in boy’s motocross. Most recently, the 2009 WMX Champion was featured in *ESPN The Magazine* and was one of four nominees vying for a coveted ESPN ESPY Award for Best Female Action Sports Athlete. Ashley says, "I want to give back to the Deaf and Hard-of-Hearing Community as much as I can," She continues. "Who knows? Maybe I'll inspire someone who I'll end up racing against some day!"

"Ashley is an inspiration to deaf youth everywhere. Inspiring others to try the sports they love regardless of whether they are deaf or heard-of-hearing. Her success continues to show the community that anything is possible with hard work and dedication. It's her tenacious spirit that exemplifies what being a Trailblazer is all about," said Brandon Arthur, Vice President of Marketing Communications for Purple Communications. "The *Dream Bigger* campaign is all about recognizing community visionaries who have the tenacity to fulfill personal dreams and lead the way for individuals in the Deaf and Hard-of-Hearing Community to pursue theirs. Purple has always focused on creating cutting-edge technology services that make communication more convenient for its customers."

To learn more about the *Dream Bigger* campaign, find out dates and locations for all events, and read Trailblazer stories, and vote for the Trailblazer of the Year, visit www.purple.us/dreambigger. Also, be sure to follow the *Dream Bigger* campaign on Twitter - www.twitter.com/idreambigger and Facebook - http://www.facebook.com/pages/Purple-Communications/42541479161
The Story of HLAA - Sun City Center Chapter

During the summer of 2007, Robert Ogg, Shirley Nauman, and Richard Herring first met at Shirley’s residence to explore the formation of a Sun City Center chapter of the Hearing Loss Association of America where many senior citizens with hearing loss lived either as snowbirds or full time residents. All three were long time members of a national organization known as Hearing Loss Association of America (HLAA). To be a member of HLAA was necessary in order for one to meet its requirements to form a chapter; thus, the Sun City Center (HLA-SCC) chapter was on the verge of being started.

HLA-SCC is a 501(c)(3) non-profit organization which adopts HLAA’s mission of opening the world of communication to people with hearing loss by providing information, education, advocacy, and support. HLAA is an umbrella organization and has non-profit status. More information about HLAA is available on www.hearingloss.org.

One individual, Tess Crowder of Communication Access, Inc., skilled in Computer Assisted Realtime Translation (CART), typed on her laptop computer all the words being spoken during a public meeting so that one could view from a larger screen what was being said. CART was provided pro bono at HLA-SCC monthly meetings so that all would have communication accessibility. Another individual, David Houck, member of the Men’s Club in Sun City Center was instrumental in securing funding for HLA-SCC to use for incidentals from his club.

An HLA-SCC steering committee was formed to meet monthly to become a chapter resource and offer valuable advice such as names of possible speakers, topics for discussion meetings, communication accessibility, contacts, and assistance as needed. Members of the committee are Robert Ogg, President; Richard Herring, Vice President; Shirley Nauman, Vice President of Publicity; David Houck, Treasurer; Gen and Jim Forceia, Bill Cozby, Ken Gleason, Barbara Riley, Marilyn Balkany, and Will Jansen. Without the inspiration from all of the members, the HLA-SCC would never have materialized in keeping with the mission of the national HLAA which was headquartered in Maryland.

The first public program meeting of HLA-SCC took place on October 3, 2007 at St. Andrew Presbyterian Church’s Fellowship Hall. The church agreed to allow use of its facilities at no charge. Incidentally, five members of the HLA-SCC chapter steering committee were members of St. Andrew. The first speakers on October 3 consisted of member friends of the HLA-Sarasota chapter. The meeting was a huge success with 70 + individuals from the public in attendance.

This all happened when someone asked the question, "Why can’t we have an HLAA chapter in Sun City Center?"

(Richard suggests that you send us the history of YOUR chapter. We’d be glad to hear from you.)

American Life in Poetry

By Ted Kooser, U.S. Poet Laureate

I’ve gotten to the age at which I am starting to strain to hear things, but I am glad to have gotten to that age, all the same. Here’s a fine poem by Miller Williams of Arkansas that gets inside a person who is losing her hearing.

Going Deaf

No matter how she tilts her head to hear she sees the irritation in their eyes.
She knows how they can read a small rejection, a little judgment, in every What did you say?
So now she doesn’t say What? or Come again?
She lets the syllables settle, hoping they form some sort of shape that she might recognize.
When they don’t, she smiles with everyone else, and then whoever was talking turns to her and says, “Break wooden coffee, don’t you know?”
She pulls all she can focus into the face to know if she ought to nod or shake her head.
In that long space her brain talks to itself. The person may turn away as an act of mercy, leaving her there in a room full of understanding with nothing to cover her, neither sound nor silence.

by Miller Williams
(used with permission)


www.captionfish.com
Veterans Day in Gainesville

Hundreds of visitors and participants ignored the drizzling rain and an overcast sky to attend November’s Veterans Day celebration at Kanapaha/Veterans Memorial Park, where an addition to the park’s memorial was unveiled. It lists the names of six Alachua County residents who have died in Afghanistan and Iraq as part of Operation Enduring Freedom and Operation Iraqi Freedom.

All branches of the military and all ages were represented at the ceremony. Children and pets played in outfits of patriotic red, white and blue. Many veterans sported caps and t-shirts about where and when they had served, while others suited up in uniform.

World War II-era aircraft flew overhead, ending their appearance with the aerial salute known as the missing man formation. One plane pulled away, trailing smoke, as the other two continued south.

A Retired U.S. Army Captain, wounded by a roadside bomb in Iraq that cost him his right leg, thanked older veterans “for paving the way for our generation of veterans.”

Many groups who cater to the needs of veterans were on hand to offer support and information. Among those with a booth to share information were members of Hearing Loss Association of Florida.

Judy Martin, Nancy Day and Lynn Rousseau had a colorful table set with HLAA magazines, brochures and material on hearing loss. They even had red/white/blue M&M’s and mini flag pins to share with all. They managed to network among the other veteran organizations throughout the day and met many interesting servicemen with stories to share.

It was even more meaningful for them because the successful HLA-Florida 2009 Walk4Hearing was held at this park.

It was a wonderful celebration in honor of men and women who have served America and who are still serving our country. The orchestra played and attendees prayed. The rain may have gotten them wet, but it certainly did not dampen the spirits of everyone there.

(Note: Lynn would like to thank Jim Lynch, of Alachua Veterans Services, and Becky Farber for their assistance. She hopes next year more members of HLA-Florida will join in for this wonderful opportunity to reach out to those who serve us.)

Judy Martin and Lynn Rousseau were able to provide awareness of hearing loss and HLA-Florida to visitors with magazines, newsletters and other printed material.
**Attention Audiologists and Hearing Instrument Providers. Please place this copy of *Hear Ye, Hear Ye* in your waiting room for your clients.**

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For corrections, please contact Kay Shaffer at kshaffer7@tampabay.rr.com